

# Know Your Rights

As a community member living at St. Monica's you have rights that are protected by the Wisconsin Department of Health and Human Services. This corner will highlight one of your rights each month. The full list was given to you upon moving in to St. Monica's. If you ever feel that any of your rights have been violated, please report this to administration as soon as possible. You have the right to the following:

To receive services in a manner that protects privacy and dignity.

## Birthdays



- 3<sup>rd</sup> Jennifer Miller (S)
  - 3<sup>rd</sup> Nancy Venegas (S)
  - 8<sup>th</sup> Jenna Turner (S)
  - 4<sup>th</sup> Jack Stegman (CM)
  - 6<sup>th</sup> Maryann Sustachek (CM)
  - 9<sup>th</sup> Stephany Lichter (S)
  - 11<sup>th</sup> Nina Tavora (CM)
  - 13<sup>th</sup> Patricia Kingsley (S)
  - 14<sup>th</sup> Josephine Strutz (S)
  - 15<sup>th</sup> Theodore Nielsen (CM)
  - 16<sup>th</sup> Joyce Boehner (CM)
  - 17<sup>th</sup> Debra Mulder (S)
  - 23<sup>rd</sup> Karen De La Cruz-Ramirez (S)
  - 24<sup>th</sup> Vanessa Neubecker (S)
  - 24<sup>th</sup> Alice Petersen (CM)
  - 27<sup>th</sup> Betty Costabile (CM)
- (CM) = Community Member (S) = Staff

## Staff Anniversaries



- Heidi Panyk 20 years
- Marvin Wilson 5 years
- Shannon Perez 5 years
- Catherine Harris 3 years

*Celebrate*



## Spring Word Search



N	Q	F	I	P	F	S	D	R	I	B	L	S	B	F	Z	R
J	V	P	X	X	O	X	S	B	G	P	I	S	R	E	P	S
T	D	X	M	R	A	W	S	N	P	T	R	R	F	S	Q	E
N	M	Z	B	G	T	E	A	E	O	Z	P	E	N	J	M	O
Y	D	B	M	P	G	A	R	N	I	X	A	W	A	J	E	U
G	S	Y	C	T	X	S	G	I	U	R	V	O	T	N	V	V
G	I	S	N	Q	E	T	X	H	V	U	L	H	Q	X	Q	C
E	V	P	F	J	V	E	K	S	Y	U	S	S	Z	B	Y	L
V	D	T	L	C	P	R	E	N	A	P	R	E	E	Q	M	I
K	D	W	O	R	Y	D	R	U	M	B	R	E	L	L	A	W
M	R	G	W	D	Z	B	A	S	E	B	A	L	L	L	R	Q
R	R	T	E	Q	W	Q	Y	V	T	J	D	L	A	H	C	E
M	B	H	R	M	W	D	Q	T	W	W	Q	R	Q	X	H	U
M	F	M	S	E	R	J	F	N	O	T	T	A	G	S	H	E
N	G	N	I	R	P	S	X	X	B	G	A	I	S	I	V	W
E	R	H	I	I	L	M	G	R	E	E	N	Y	L	T	R	
Y	R	W	D	M	L	G	Q	T	T	I	A	O	A	F	F	B

SPRING  
MAY  
GREEN  
WARM  
UMBRELLA



MARCH  
FLOWERS  
GRASS  
SHOWERS  
EASTER



APRIL  
BASEBALL  
SUNSHINE  
RAIN  
BIRDS



[www.thriftymomstips.com](http://www.thriftymomstips.com)

## Useful Information

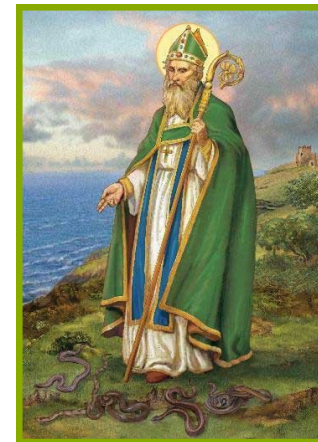
Website: [www.stmonicasseniorliving.com](http://www.stmonicasseniorliving.com)  
 Facebook: [@stmonicasseniorliving](https://www.facebook.com/stmonicasseniorliving)  
 Twitter: [@stmonicasliving](https://twitter.com/stmonicasliving)  
 Subscribe: [info@stmonicasseniorliving.com](mailto:info@stmonicasseniorliving.com)

3920 N. Green Bay Road Racine, WI 53404  
 Main: 262-639-5050  
 Administrator: Stephany Lichter, RN, MSN  
 Covid-19 Hotline: 262-383-3303



# THE Community MONITOR

## Saint Patrick's Day

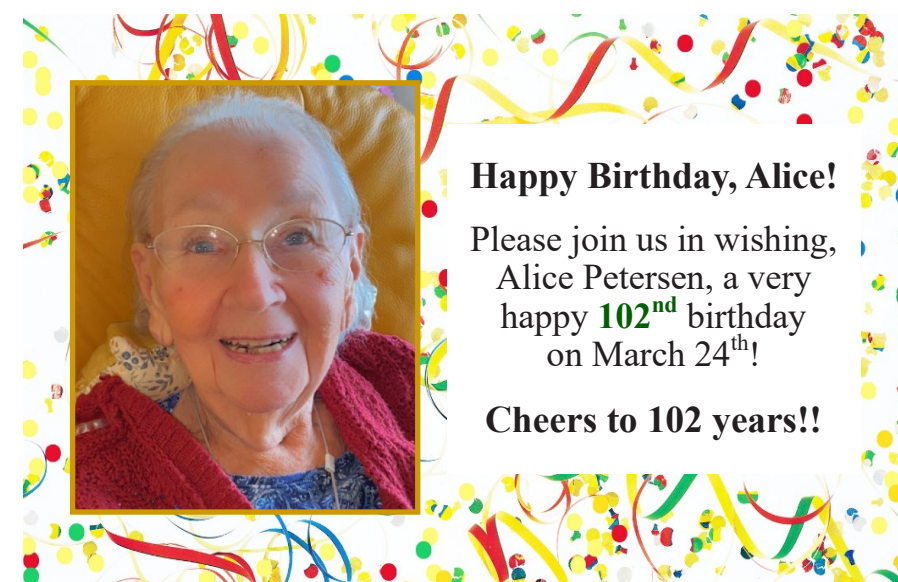


Saint Patrick's Day or "the Feast of Saint Patrick" is a cultural & religious celebration held on March 17<sup>th</sup>. This is the date Saint Patrick, the patron saint of Ireland died. The significance of this day includes commemoration of the arrival of Christianity in Ireland. Some celebrations that are held on this particular day include parades, eating special foods, wearing green, and drinking beer or Irish whiskey. This year, in honor of Saint Patrick's Day, we will be having Big Money Bingo throughout the week, Tuesday - Thursday and a special program at 2:30 pm on St. Patrick's Day, March 17<sup>th</sup>.

ISSUE NO. 61  
 SPRING  
 MARCH  
 2022

## Celebrating our 50<sup>th</sup>

St. Monica's would like to thank all of you for making our 50<sup>th</sup> Anniversary so special. We're very blessed to have been able to celebrate multiple wonderful events throughout the past year. On February 1st, to wrap up our 50<sup>th</sup> Anniversary, we hosted a special luncheon for our community members, which included wine, speeches from Dave Easley, the Board Chairperson and Sr. Angelica, as well as a beautiful musical performance. Thank you again for your continued support!



## Happy Birthday, Alice!

Please join us in wishing, Alice Petersen, a very happy 102<sup>nd</sup> birthday on March 24<sup>th</sup>!

Cheers to 102 years!!

## Daylight Savings Spring Forward

Daylight Savings is Sunday, March 13, 2022. Be prepared to set your clock forward one hour before you go to sleep. The time will change from 2:00 AM to 3:00 AM. The following Sunday, March 20, 2022 is the first day of Spring.



## Volunteer of the Month: Barb Hugier



Barb has been arranging therapy dog visits at St. Monica's since April of 1993 with a group called, **Creature Comforts**. They do one-on-one visits, tricks, and even fashion shows. When she is not arranging therapy dog visits, Barb enjoys volunteering for the Caledonia Conservancy, serving on their Board of Directors, trail cleaning, and volunteering at the Children's Learning Center. She also enjoys baking cookies (making 1,000 cookies every Christmas), gardening, playing Skip-Bo, going out to eat with the girls, working on her family tree, and making cards. Barb has 2 adopted twins from Columbia, South America, and they have 2 children that she just adores. Thank you for sharing your time and talents, Barb!

### ST. MONICA'S TV CHANNEL

Tune into channel 955 from your personal TV and you will be able to see activities for the day, upcoming events, as well as special announcements!

## HERO WITH Heidi Panyk - Beautician



**HOW LONG HAVE YOU WORKED FOR ST. MONICA'S?**

*I have worked here for 20 years!*

**WHAT DO YOU LIKE TO DO IN YOUR SPARE TIME?**

*I enjoy taking care of my great-grandchild, reading, crocheting, crafting, & spending time with family.*

**PRIOR TO WORKING AT ST. MONICA'S,**

**WHAT WAS YOUR MOST INTERESTING/FUN JOB?** *I worked as a house parent at Racine Residential Care and took care of mentally challenged adults.*

**WHAT DO YOU LIKE MOST ABOUT WORKING AT ST. MONICA'S?** *I love the beauty shop talk! I love to hear all of the community members' stories and all of the great history.*

**WHAT ARE SOME THINGS ON YOUR BUCKET LIST?** *I would love to travel to Ireland someday.*

**WHERE DO YOU SEE YOURSELF IN FIVE YEARS?** *I look forward to being here at St. Monica's with you all.*

## St. Monica's Beauty Shop Hours

Oak Lane: Monday 8am - 11am

Assisted Living: Wednesday, Thursday & Friday 8am-4pm

### Beauty Shop Services Offered



Shampoo: \$8

Shampoo & Set: \$17

Haircut \$12

Trim: \$5

Permanent: \$45

Color: \$40

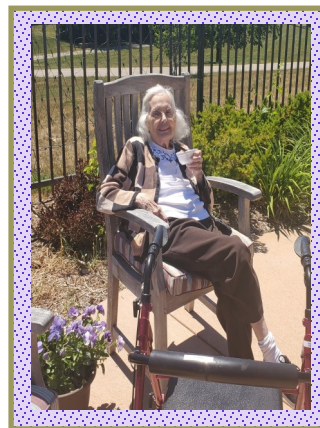
### Sheepshead



Sheepshead is back by popular demand. If you would like to check out this group, please come down to the lower West lounge, known as the "Fish Room." They meet every Wednesday at 9:00 AM. We have a great group of volunteers to assist. If you have any questions, please see Shannon.

## Oak Lane News

### Enjoying the Outdoors



As the snow begins to melt, and warmer weather is upon us, Spring creates happiness and excitement. After months of being cooped up indoors, many people look forward to getting out into the fresh air. Doing activities outdoors, like walking, bird watching, reading a book, enjoying lemonade, or working out in the garden can add meaning to our lives. Getting outside and into the sunshine exposes our bodies to Vitamin D, which promotes calcium absorption, immune function, as well as protects bone, muscle, and heart health. In Oak Lane, we are so grateful for our beautiful patio area and are excited to utilize the space to enjoy the sun, plant flowers, drink lemonade, and relax in the months to come.

### Welcome to St. Monica's -



You may have noticed a new face around St. Monica's recently. His name is, Scott Stirling, and he works in Accounting Services. He is an outsourced Controller from CliftonLarsenAllen (CLA) and comes to us with years of experience. If you have questions regarding your bill, you can reach out to Scott at 262-321-7130 or via email at [accounting@stmonicasseniorliving.com](mailto:accounting@stmonicasseniorliving.com). He works onsite two - three days per week, so feel free to stop by and say, "hi!" Scott lives in Grafton, WI, but originally is from Salem, MA. Welcome to St. Monica's, Scott!

## Featured Community Member



### Mary Barrows

#### About Yourself:

Mary worked at Johnson Wax for ten years and took part in the Glade research department. She has a beautiful daughter, Kathy, a granddaughter, Carrie, and a great granddaughter, Alice.

#### Early Years & Hobbies:

Mary enjoyed seeing different countries and experiencing new cultures. Most of all she enjoyed taking pictures along the way. Mary has been doing photography since she was a young adult.

#### Fondest Memories:

"I traveled a lot, I think I counted 70 countries. I liked Ireland the best, they're so friendly!"

