

Know Your Rights

As a community member living at St. Monica's you have rights that are protected by the Wisconsin Department of Health and Human Services. This corner will highlight one of your rights each month. The full list was given to you upon moving in to St. Monica's. If you ever feel that any of your rights have been violated, please report this to administration as soon as possible. You have the right to the following:

To be encouraged and assisted to exercise rights as a citizen.



THE Community MONITOR

Celebrating 50 Years

BY: SR. ANGELICA



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JANUARY
2022

Birthdays



2nd Mary Barrows (CM)
3rd Kandice Lang (S)
8th Sherrita Carlisle (S)
11th Megan Lichter (S)
11th Sr. Angelica (S)
11th Lois Korako (CM)
16th Doris Zimmerman (CM)
18th Lisa Lawson (S)
19th Jordan Mack (S)
23rd Leah Varebrook (S)
24th Jacqueline Sherwood (CM)
26th Dana Petit (S)
27th Jerome Barina (CM)
27th Marvin Dickel (CM)
28th Malena Brown (S)
31st Harold Erickson (CM)
(CM) = Community Member (S) = Staff

Staff Anniversaries

Sr. Angelica 46 years
Roberta Gedemer 7 years
Michelle Szczepanski 4 years
Maria Faz 2 Years



Join us in congratulating Deb Mulder as our Interim Director of Nursing



We are pleased to announce Deb Mulder promotion as our Interim Director of Nursing. She has been employed with St. Monica's for 11 years.

Deb began working at St. Monica's in 2010 as a Caregiver while she was earning her degree in Nursing. She earned her RN degree in 2014. Deb enjoys the interaction with our community members and loves to learn their life stories, she says they become part of her family. Deb has four children and four grandchildren; whom she adores. In her spare time, Deb likes to quilt. She also likes to go camping with her husband and spend time with her family.

We are so blessed to have Deb as our Interim Director of Nursing!

"I covet your prayers as I begin this new role."

- Deb Mulder, RN

Useful Information

Website: www.stmonicasseniorliving.com

Facebook: [@stmonicasseniorliving](https://www.facebook.com/stmonicasseniorliving)

Twitter: [@stmonicasliving](https://twitter.com/stmonicasliving)

Subscribe: info@stmonicasseniorliving.com

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Main: 262-639-5050

Administrator: Stephany Lichter, RN, MSN

Covid-19 Hotline: 262-383-3303

After celebrating the feast of Christmas, it is time that we say "goodbye" to the year 2021. Many joyous and sad events occurred in the world this year. God, we thank you for 2021, what a year it has been!

For us at St. Monica's, it has been a special jubilee year. On February 1, 1971, St. Monica's opened its doors. On February 1, 2021, we opened our jubilee year with a special event. Jim Dobbs, from the Village of Caledonia, presented us with the proclamation that February 1, 2021, was designated as "St. Monica's Senior Living Day" in the Village of Caledonia.

We had a wonderful team to help us plan all of the 50th Anniversary events to follow. A heartfelt "thank you" to everyone involved, we couldn't have done it without you! On May 18th, we celebrated the "Passion Project," with a gallery reveal in the North Wing. If you have not seen the beautiful photographs, please make sure that you stop by and see them.

On August 14th, we had our "Cheers to 50 Years" event in the Rosary Walk, which included art, wine, and music. The weather was beautiful and all of the visitors enjoyed themselves. While planning for the 50th Anniversary, we created a special video, made to capture the history of the Home. Please view the video on our website, under the "50th Jubilee" tab. We published a special edition St. Monica's Cookbook, which is available for

purchase for \$20.00 from the Main Office. A small group also worked on a Heritage booklet, which will be published in early 2022. I am certain, it will be a wonderful Heritage booklet for all to enjoy.

A highlight of this jubilee year was our special Mass & Dinner celebration at Roma Lodge on October 26, 2021. For our Thanksgiving Mass to celebrate our Blessed Heritage, Archbishop Jerome Listecky came to celebrate with us. Many of our priest friends, three Sisters from Germany, Directors of the Board and employees were present. After Mass, we all enjoyed a delicious dinner and had a great time together.

Although 2021 has come to an end, we will continue celebrating our jubilee until February 1, 2022. There are still a few events being planned. All I can say at this point is: "Thank you God for this special year with all the generosity we experienced from our friends and benefactors. God bless all who contributed in any way to make all the celebrations possible."

Now as we prepare for the start of the New Year, let us welcome it, knowing that we are all in God's loving care. "May our loving God bless us and protect us, give us good health, and walk with us every step in 2022. Let us pray for more peace and for all people who are not as fortunate as we are.

We Sisters keep you all in our prayers. Happy New Year!



VOLUNTEERS OF THE MONTH: KATHI & LOREN



Loren has worked at Transport National for 40 years. Kathi has been working for 15 years in hospice care and also previously worked at St. Monica's for 3 years.

Kathi and Loren were the masterminds behind St. Monica's float in Racine's Fourth of July parade in 2018. They also have been hosting Wednesday Night bingo for over 4 years!

They enjoy biking, camping, gardening, kayaking, DIY projects, and spending time with family, especially with her grandchildren.

"We both love our volunteer work and always enjoy our time with the community members."



HERO WITH

Janice Livingston - Memory Care Caregiver



HOW LONG HAVE YOU WORKED FOR ST. MONICA'S? *2.5 years*
WHAT DO YOU LIKE TO DO IN YOUR SPARE TIME? *Tomorrow is never promised, I love spending time with my grandkids and loved ones.*

PRIOR TO WORKING AT ST. MONICA'S, WHAT WAS YOUR MOST INTERESTING/FUN JOB?

I worked as a sales person at Fayva Shoe Outlet. It was fun helping all of the customers.

WHAT DO YOU LIKE MOST ABOUT WORKING AT ST. MONICA'S? *They have a great management team and I truly love all my co-workers. We are a great team!*

WHAT ARE SOME THINGS ON YOUR BUCKET LIST?

I would love to see the Eiffel Tower one day.

WHERE DO YOU SEE YOURSELF IN FIVE YEARS? *I would love to grow and expand my horizons in the medical field.*

A New Year's Prayer

May God make your year a happy one!
Not by shielding you from all sorrows and pain,
But by strengthening you to bear it, as it comes;
Not by making your path easy,
But by making you sturdy to travel any path;
Not by taking hardships from you,
But by taking fear from your heart;
Not by granting you unbroken sunshine,
But by keeping your face bright,
even in the shadows;
Not by making your life always pleasant,
But by showing you
when people and their causes need you most,
and by making you anxious to be there to help.
God's love, peace, hope and joy to you
for the year ahead.

~Anonymous

Oak Lane News:



KEEPING YOUR MIND & BODY IN SHAPE

Some ways that have been known to help keep your brain active and challenged are:

- Eating with the opposite hand that you normally eat with.
- Learning something new, like a second language or a musical instrument.
- Playing board & card games with your family & friends. Mix it up by trying new games.
- Work on crossword puzzles, number games, or other types of puzzles.
- Social connections also help your brain. Talking with family and friends, as well as reminiscing.
- Exercise is a critical activity for not only staying fit, but also improving memory and it has been known to slow mental decline.

Here at Oak Lane, we have many options to keep your mind active and your body fit, including exercise 5 days a week, games, puzzles, art and much more!



Featured Community Member Eva Schattner



Family:

- Married to her wonderful husband for 62 years
- 4 children - 3 girls and 1 boy
- 7 grandchildren
- 6 great grandchildren

Former Career:

- The Metro Auto Auction
- Worked in food service at 7 Mile Fair on the weekends

Early Years & Hobbies:

- Enjoys dancing especially to Polka music
- Loved to garden & can foods
- Crochet Afghans and doilies

Fondest Memory:

"My fondest memory is raising my kids and seeing them grow. We sure had fun!"